



KEEP AN EYE ON ALL THE COSMETIC NEWS WITH DR HOLLY

Dr Holly - November News

Welcome to the first edition of the Dr Holly Newsletter. I will be writing these each month to keep you, the patient, up to speed on the latest development in cosmetic injectables, skin care and general health. In addition I want to make sure that my patients are aware of any fantastic offers that I have available for the month ahead!

Grand Opening

August saw the grand opening of my new Miranda Clinic at Suite 3, Level 4, 531-533 the Kingsway, Miranda.

A Fantastic first day was had, with great feedback on the new rooms from all my loyal patients. The biggest hit was without doubt the great views from the new clinic 😊



A little bit about me?

I graduated in 2006 from the University of Bristol, UK gaining a Bachelor of Medicine and Bachelor of Surgery degree (MBChB). I went on to do my Internship for two years in general medicine and surgery around the city of Manchester, UK.

My adventurous side took me to Sydney where I worked in the Emergency Department and the Intensive Care Unit on the Northern Beaches for 3 years (predominantly in Manly Hospital).

I then decided to complete specialist training for an additional 3 years in General Practice in the UK both in London & Manchester. I became a member of the Royal College of General Practitioners (UK) in July 2014, and a Fellow of the Royal Australian College of General Practitioners in April 2015.

My adventures have taken me yet again back to Sydney and more specifically to the Sutherland Shire (Miranda), which is where my long suffering fiancé is from!

Since landing again in Australia I have pursued my passion for cosmetic medicine

and have worked under the best cosmetic physicians & surgeons in various private clinics throughout Sydney.

Treatment Update - Gummy Smile

I bet you didn't know that anti-wrinkle injections could be used to treat this area!!!!



Gummy Smile can be treated non-surgically with muscle relaxant injections into the longitudinal muscle either side of the nose to weaken this overactive muscle which elevates (lifts) the lip. The result is a nice balanced, natural smile that can change an appearance dramatically

Low volume in the upper lip can also contribute to this feature on patients. If this is also a concern then patients may also consider dermal filler to correct this in their top lip. You would be surprised how many Hollywood actors/actresses have had anti wrinkle (muscle relaxant) injections to treat a 'gummy smile'

Email for an appointment to discuss this treatment option or to follow up with any questions you may have.

New Website Launched!

Want to learn more about the various non-surgical treatments that I can offer in my new Miranda Clinic?

Then the newly launched 'Dr Holly' website is your best source of information. As well as treatment overviews the website can provide you with information around my qualifications & training, before and after pictures, and also answers many of the common questions you have around cosmetic injectables. Also, this is the best place to sign up to my monthly newsletter

Make sure you log on the link below to check it out when you get a chance.

www.dr-holly.com.au

Been considering your
Forehead lines?

15% off anti wrinkle
injections!!!..


DR HOLLY
COSMETIC PHYSICIAN

T & C's Apply. Offer valid until 5th Nov 2016. For new customers only



FAST FACTS

79%

Of Australians view non-surgical cosmetic procedures as a suitable way to look and feel younger.

(www.cpcanet.au/pdf/media%20release/CPCA_Survey_Release_-_Feb_2016.pdf)

24%

Of Australians that undergo a non-surgical cosmetic procedure are male!

(www.cpcanet.au/pdf/CPCA_Survey_on_Males_and_NSCP_March_2016.pdf)

October Offer!

Make sure you take advantage of our October Offer (See image). This offer is available for all first time bookings and gives the patient 15% off anti wrinkle treatment. If you have ever considered anti-wrinkle

treatment, then this is a great opportunity to see what results you may achieve.

This offer will be available as long as you make your booking by the 5th of November

Dr Holly's team complete the 'tough mudder'

The team at Dr Holly believe that keeping fit and healthy is vital to feeling young. Last weekend myself and Michael (our Business Manager) took part in the 'tough mudder' challenge at Glenworth Valley, on the central coast of NSW.



This 20 kilometre course, through the mud, encountered a number of obstacles that required team work and camaraderie, including the 'ice bath challenge' and the 'electro shock therapy'ouch !.

We survived, albeit a little worse for wear and with enough mud facials to last a lifetime!

CALL OR EMAIL NOW FOR A FREE
CONSULTATION

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